

# bonjela

choline salicylate, cetalkonium chloride

## INFORMATION FOR THE USER

Read all of this leaflet carefully because it contains important information for you. This medicine is available without prescription. However, you still need to use Bonjela carefully to get the best results from it.

Keep this leaflet. You may need to read it again.

Ask your pharmacist if you need more information or advice.

You must contact a doctor if your symptoms worsen or do not improve after 7 days.

If any side effect gets serious, or if you notice any side effect not listed in this leaflet, please tell your doctor or pharmacist.

In this leaflet:

1. What Bonjela is and what it is used for
2. Before you use Bonjela
3. How to use Bonjela
4. Possible side effects
5. How to store Bonjela
6. Further information

## 1. WHAT BONJELA IS AND WHAT IT IS USED FOR

**Bonjela is used to**

- relieve the pain and discomfort of common mouth ulcers and cold sores.
- aid healing of sore spots and ulcers due to dentures and braces.

Bonjela is a clear, almost colourless gel, which is applied to the inside of the mouth or gums. It contains choline salicylate (a pain killer and anti-inflammatory) which soothes sore areas in the mouth and an antiseptic called cetalkonium chloride, which kills bacteria and helps prevent infection.

**Bonjela is intended for adults and children over the age of 16.**

## 2. BEFORE YOU USE BONJELA

As with all medicines, Bonjela may not be suitable for everybody.

**Do not**

- give to children or adolescents under 16 years of age. **This is because there is a possible link between salicylates and Reye's syndrome when given to children. Reye's syndrome is a very rare disease which affects the brain and liver and can be fatal.**
- use if you are suffering from a stomach ulcer
- use if you are allergic to salicylates or to any of the other ingredients in this product (see Section 6).

**Taking other medicines**

Salicylates may increase the effect of blood thinning medicines (anticoagulants) and can decrease the effect of medicines to treat gout (uricosurics) such as probenecid acid, benzbromarone.

Speak to your pharmacist or doctor before taking this product with other medicines.

**Pregnancy and breast-feeding**

If you are pregnant, planning to become pregnant, or breast-feeding, speak to your doctor or your pharmacist.

**Important information about some of the ingredients in Bonjela**

Bonjela contains a small amount of ethanol (alcohol), less than 100mg per dose.

## 3. HOW TO USE BONJELA

**For adults and children over the age of 16 years only.**

**- Mouth ulcers and sores**

Massage approximately one centimetre (half an inch) of Bonjela onto the sore area. This can be repeated after 3 hours.

**- Denture sores**

Massage approximately one centimetre of Bonjela onto the sore area, and leave at least 30 minutes before reinserting the dentures. Do not apply Bonjela directly onto the dentures.

**Do not exceed the stated dose as salicylate toxicity may occur as a result.**

If your symptoms do not go away after 7 days of treatment, you should see your doctor or dentist.

**In the case of a missed dose, simply apply a new dose and follow the instructions described above. In the event of an overdose, seek medical advice.**

If you have any further questions on the use of this product, ask your doctor or pharmacist.

## 4. POSSIBLE SIDE EFFECTS

Like all medicines, Bonjela can cause side effects, although not everybody gets them. Allergic reactions to salicylates such as an asthma attack may occur.

**If this gets serious, or if you notice any other side effects, please tell your doctor or pharmacist.**

## 5. HOW TO STORE BONJELA

Keep out of the reach and sight of children. Do not use Bonjela after the expiry date which is stated on the carton and on the tube. The expiry date refers to the last day of that month. Do not store above 30°C. Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

## 6. FURTHER INFORMATION

**What Bonjela contains**

The active ingredients (which make the medicine work) are choline salicylate 8.714% w/w, cetalkonium chloride 0.01 % w/w. The other ingredients are ethanol, glycerol, menthol, hypromellose 4500, Star Anise Oil, sodium saccharin and water.

**What Bonjela looks like and contents of the pack**

Each tube contains 15g of clear, aniseed flavoured oral gel.

**Marketing Authorisation holder/Manufacturer:**

Reckitt Benckiser Healthcare (UK) Limited, Hull HU8 7DS